

# Self-Leadership

## Coachable and Accountable:

How will I learn this month? Who will I listen to this month?

## Integrity:

In the last 30 days, where did you demonstrate integrity, or when did you diminish your integrity? Why did this happen, and what did you learn?

## Risk-Taker and Resilient:

What is one thing you will do differently in the next 30 days? What do you hope this change will accomplish?

